

P O Box 220, Booval Qld 4304 Website: http://www.ipsy

http://www.ipswichathletics.org.au

28th February 2025

Ph: 0409 754 884

# President's Message:

It is great to see club members being invited to the various International Track Classics being held around the country, namely Melbourne, Canberra and Sydney

Also planning is underway for the 42<sup>nd</sup> Annual Winter Carnival to be held on Sunday 17<sup>th</sup> August 2025. We are looking for potential sponsors who may want to support this Carnival. Maybe to sponsor the 120m Lightning Gift or 120m Ladies Gift along with the 300m, 1609m i.e. One mile, 120m U18yrs Junior boys and girls gifts along with many Track & Field events. Please advise me on **0409 754 884** as we can provide information as to what's in it for them.

We are on **Facebook**, look for IDAC and Ipswich & District Athletic Club it is for all our athletes, parents and sponsors who are on FB. Just ask to join if not already a member.



#### **Committee Notes**

Our next Monthly committee meeting is on Tuesday 25th March 2025 at 7.30pm.

Just a reminder, our **AGM** is on **May 25**<sup>th</sup> **2025** and all positions are vacant. This is a great opportunity for you put your hand up and be part of the committee. Nomination forms are available on training nights. Please register your name.

The **Awards Presentation** will also be held on this day at the Brothers Leagues Club, Raceview.

#### **Club Uniform**

The Club uniform <u>must</u> be worn at all interclub meets, e.g. QSAC, All comers at St. Lucia and Gold Coast etc. If the uniform is not worn, no points or performances will be recorded at inter club meets. Have you got pride in our Club?







# 128th Queensland Athletics Championships

Entries close at 9am on Monday 3<sup>rd</sup> March 2025 U13 – Open including Para events

### **QLD Masters Memorials** 15/02/2025

It was a marvelous day at the Masters Memorial events where Michael Berlin won the 55-59yrs Bernie Hogan 100m memorial in record time of 11.90 with a little breeze of +1.3. Michael also won the 300m Tom Gould Handicap in 39.45 when off the back mark of 0.0m.

Not to be outdone, we had Janet Webber placed 2<sup>nd</sup> in the Bernie Hogan 100m Handicap and Jessica Bakes placed 2<sup>nd</sup> in the Judy Firth Javelin Handicap.

Congratulations, you have done us all proud, well deserved after all the hard work at training.



## Congratulations

After a training stint in Victoria, Jude Thomas ventured to Seattle in America where he ran at an indoor meet over the one mile. Jude's time was a new PB running 3.51.19.

Following up from this, another part of his journey Jude ran in the 5000m indoor race in Boston where he finished with a PB of 13.09.36, an incredible effort.

On the 15<sup>th</sup> March, Jude will be competing in the Sydney Track Classic over 3000m which is the Australian Title, we wish him luck.



Jude Thomas in the orange colours

#### **Brothers Kindred Club**

The committee wants to make all club members and parents be aware that our Club is part of the Brothers Kindred Club. This association encourages juniors in their chosen sports to be acknowledged for their commitment and dedication to their respective sports for a Junior Sports Star award.



The association also likes to encourage juniors for doing their best, helping around the Club and assisting others who may need that little bit of assistance in techniques etc., please advise Vic Pascoe (Club delegate and publicity officer), of any junior you may think needs to be entered for an Junior Sport Star Encouragement award. **Please phone Vic on 0409 754 884**.

The age for both Awards is 11yrs to 17yrs.



# Just a Thought'

have learnt...The greatest physician in the world is hope and optimism.

## **Track & Field** InterClub Competition

All Track and Field events are now scheduled on the Queensland Athletics website

www.qldathletics.org.au

QAL now has several events scheduled on their website www.qal.org.au

## Club Members: - Happy February Birthdays

Hayley Condon Skye Houston Ethan Heyward Sarah Mawer
Roxann Blake Michael Moore Patrick Bichel Saskia Josipovic
Hans Rotbauer Calen Falwasser Connor Shaw Islay McLeod
Matilda Schodde Sam Wilson Erin Wright

Lachlan Skull Zac Brischke Chris Costello Tyson Elisaia George Creedy

## **Club Training Nights**

## Training nights on Monday and Wednesday nights 6.15pm to 8.30m.

\$3.00 for training under lights.

A water bottle, towel and appropriate warm clothing are required for all sessions.

## Answer to the Question

The winner of the January question was No correct answers.

The correct answer was:

- "1. Equalize
  - 2. Liquidize
  - 3. Quantize
  - 4. Ventriloquize".

## A new question is as follows:

If you break me, I do not stop working, If you touch me, I may be snared If you lose me, nothing will matter.

What am I?

The **first** club member to reply by **email** with the correct answer wins a prize.

Email: - vgpascoe1@bigpond.com

## Cross Country event in Limestone Park

Our Club will be hosting a Brisbane X-Country event on Saturday 31st May 2025.

Volunteers are needed to help out as we need 8-10 people including the running of a canteen.

Please help us as this is a fundraiser for the club and all proceeds go back to our athletes.







# IPSWICH TRIBUNE



















