



President's Message: Now that we started school and work including new jobs, I wish you all a very successful and prosperous new year, hopefully it will be better than 2024.

There have been some wonderful performances so far this season, many PB's and I congratulate those who have competed in the recent competitions especially last weekend shield meet.

It's important that all athletes wear Club colours when competing at all interclub meets. It is poor publicity for our club if you are not wearing the Club colours.

Its wonderful news to see **Toby Stolberg** (High Jump) at the Potts Classic and Capital Classic in New Zealand and **Jude Thomas** running indoors in America during the next few weeks over one mile and 5km before running in the Sydney Track Classic on the 2nd March 2024 and then in the Maurie Plant Classic meet in Melbourne on 29th March 2025.

Just a short note to say that all positions of the Club committee will become vacant as per our constitution at the annual AGM. The AGM will be held in May 2025. I encourage all parents, friends and athletes to nominate for a position at the AGM. Support for these positions will be given to those interested.

Vic

Track & Field Competition

All Track and Field events are now scheduled on the **Queensland Athletics FB page**.

Jai Taurima Shield, SAF 1st February 2025

Mid Week #2, SAF 5th February 2025

Sally Pearson Shield, QSAC 8th February 2025.

Mid Week #3, SAF 12 February 2025

Joanna Stone Shield, QSAC 15th February 2025

Dane Bird-Smith Shield, QSAC 22nd February 2025

Queensland 3000m championships 1st March 2025, UQ Athletic Centre.

Cathy Freeman Shield, QSAC 8th March 2025

Queensland Athletics Championships (U14 to Open), QSAC, **13-16 March 2025**.

Mid Week #4, SAF 26th March 2025

Darren Thrupp Shield, SAF 29th March 2025

Stawell Gift Carnival 19th March – 21st April 2025, Stawell, Victoria.

Australian T & F Championships 4th April – 13th April 2025, Perth including Para & U20 combined events.

Club Uniform

The Club uniform **must** be worn at all interclub meets, e.g. All comers at St. Lucia and Gold Coast etc. **If the uniform is not worn, no points or performances will be recorded at inter club meets.**

The cost of the uniform is as follows:

IDAC Uniform Price List

Ladies Crop Top	\$45.00	Ladies shorts/bike pants	\$57.00
Singlet	\$35.00	Men Shorts	\$52.00
Polo Short Sleeves	\$57.00	Polo Long Sleeves	\$62.00
Hoodie no zip	\$50.00	Hoodie with zip	\$77.00
Leggings	\$67.00	Tracksuit Pants	\$77.00
Coach Jacket	\$82.00		

Old Stock is on sale at \$5-00 apiece. These can be used for training etc.



Les Scott & Associates
A.B.N 34 404 377 930
Australian Credit Licence 385281

Happy Club Members January Birthdays

Sophie Allen Ruby Bohan Claire Gouws Jodie Harlow Lilah Hooper
Leanne Hilton Abbey Crocker Diva Ejembi Charlize Goody Olive Barrett
Jackson Bray Samuel Murray Jeremy Black Helena Coleman
Dejsha Elisaia Cullen Grainger Lily Hanley Charlotte Kelly Kamala Peina
Monique Williams Elli Pedroni Ethan Platen Thaiday "Ted" Ruben
Darin Coombs Izabella Snyman Andrew Wheeler

Answer to the Question

The winners of the **December** questions were: *Sophie Lehmann and Grace Hanley*

The correct answer was: **“Queue”**.

A new question is as follows

Four English verbs contain the letters Q, U, I, and Z. Do you know them from these clues?

1. To balance the scores.
2. To turn assets into cash, possibly to pay debts.
3. To divide something into smaller, measurable pieces.
4. To make one's voice appear to come from somewhere else.

What are we?

The **first** club member to reply by email with the correct answer wins a prize.

Email: - vgpascoe1@bigpond.com



Just a Thought'



I've learned that....A kind word or deed can work miracles.

Parkrun every Saturday

Some of our families really enjoy the challenge at Limestone Park on a Saturday morning starting at 7am. It is a 5km walk, jog or run depending on your ability, personally I try all three at some stage of the run.

Come on and have a go, it's free and our club is now listed for you to be attached when you register online. That way it means anywhere you go, our club gets publicity when you run at a different Parkrun.

QAL now has several events scheduled on their website www.qal.org.au

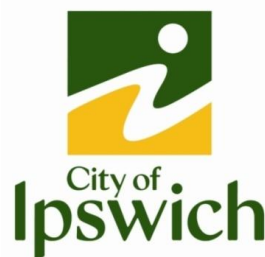
Club Training Nights

Training nights on Monday and Wednesday nights 6.15pm to 8.30pm.

A water bottle, towel and **appropriate warm clothing** are required for all sessions.

Committee Notes

Our next Monthly committee meeting is on **Tuesday 25th February 2025** at 7.30pm.



Rotary Club of Ipswich City



Brothers Kindred Club

The committee wants to make all club members and parents be aware that our Club is part of the Brothers Kindred Club. This association encourages juniors in their chosen sports to be acknowledged for their commitment and dedication to their respective sports for a Junior Sports Star award.



The association also likes to encourage juniors for doing their best, helping around the Club and assisting others who may need that little bit of assistance in techniques etc., please advise Vic Pascoe (Club delegate and publicity officer), of any junior you may think needs to be entered for an Junior Sport Star Encouragement award. **Please phone Vic on 0409 754 884.**

The Kilcoy Gift was run on Australia Day 2025 at the Kilcoy racecourse.

Club members did well winning some money from the many gifts that was on offer.



The Finalists of the 120m Ladies Gift.





The finalists of the 120m Youths Gift.



The Finalists of the 70m Youths Gift.



The Finalists of the 70m Open Gift.



The finalists of the 120m Gift



Cooper Blake

Kobe Blake

300m Gift Finalists

Australia Day Awards for Ipswich 22/01/2025



Richard Wood

Tina Schutz

Vic Pascoe

Theresa Stolberg

Our Club was nominated at the Australia Day Awards for the Community Group of the year Award.

It was an amazing night to see the achievements of those who contributed to the community of Ipswich.

To help celebrate such an occasion Theresa, Tina, Richard and myself were there to support this Award. We may not have won, but to be part of the awards was truly amazing.



Potts Classic and Capital Classic Championship, NZL January 2025

Toby Stolberg had an amazing time competing in the Open Women High Jump where she finished 2nd with 1.79m at the Potts Classic Wanganui and 3rd with a 1.77m in the Capital Classic Wellington, a wonderful achievement representing Australia as it is the pinnacle of our sport.

