



P O Box 220, Booval Qld 4304
Website: <http://www.ipswichathletics.org.au>

Ph: 0409 754 884

Newsletter

25th June 2014

President's MESSAGE:

It will be a great experience for our three girls, **Cassie Purdon, Filoi Aokuso** and **Larissa Chambers** going to Eugene, Oregon USA for the World Junior Championships being held from 22nd – 27th July 2014. It is an amazing achievement to get to this level, well done girls.

They leave Australia on July 3rd to go to Vancouver, Canada to do three pre championship competitions. An excellent opportunity to be at their best for the games.

Sincere thanks to the Rotary Club of Ipswich City and the Leisure Riders Touring Motorcycle Club for their generous support to these athletes.

Many thanks to all who assisted in the canteen at the GPS x-country.

School events are beginning to start and hopefully all our young athletes make it through to the State All Schools in October. Prepare well and you will do well.

See below in this newsletter, we need help for the Park2Park BBQ breakfast and again for the AIC X-country in the first week of August.

The Club is gearing up for the 33rd Winter Carnival and it's on Sunday 17th August 2014.



Rotary Club of Ipswich City



Vic

Committee Notes

Our next Monthly committee meeting is on **Tuesday 22nd July 2014** at 7pm. All welcome.

Track & Field InterClub Competition

All Track and Field events are now scheduled on the **Queensland Athletics website**

www.qldathletics.org.au

The Downunder Meet for 2014 will held at the **Gold Coast Athletics Facility** at Griffith University from Friday 11th, Saturday 12th & Sunday 13th July 2014

Entries Close 11:59pm Sunday 29th June!

Congratulations!

It was a pleasing result for two of our club members, **Daniel Parnell** & **Scott Tuohy** making the final of the Toowoomba 300m Gift finishing 4th and 5th respectively on 10th May 2014. It was trying conditions for all athletes as winds and the cold made it even harder to keep warm to compete.



Cam Crowley, Jarrod Whittaker, Josh Robinson, Daniel Parnell & Scott Tuohy

Just a Thought'

I've learned that... Personal success is when you work your hardest to be your best.

Happy June Birthdays

Miriam Peni

Joel Walk

Yoo Bin Miller

Montana McQueen

Annie McGuire

Jacob Wells

Scott Tuohy

QAL now has several events scheduled on their website www.qal.org.au

Club Uniform

The Club uniform **must** be worn at all interclub meets, e.g. All comers at St. Lucia and Gold Coast etc. **If the uniform is not worn, no points or performances will be recorded at inter club meets.**

Answer to the Question

The winner of the **May** question was **Chevelle Kurth**

The correct answer was:

1. Willow 2. Pine 3. Oak 4. Maple 5. Bonsai 6. Palm 7. Apple 8. Elm 9. Aspen

A new question is as follows:

ABBA is my all-time favorite pop group. It was formed in Stockholm in 1972 and comprised of two men and two girls. What is the name of the beautiful blonde who was so talented and touching that the whole world fell in love with her?

The **2nd** person to reply by email with the correct answer wins a prize. It's so easy, ha ha.

Email: - vgpascoe1@bigpond.com.au

Club Training Nights

Monday and Wednesday nights training 7pm - 9pm.

Any other extra training sessions can be arranged with your Coach.

A water bottle, towel and **appropriate warm clothing** are required for all sessions.

Sunshine Coast Winter Track & Field Carnival

The University of Sunshine Coast Athletics Club is holding their annual winter athletics carnival on the 27th July 2014, and would like to invite any club members to go to a fantastic carnival all age

groups from U/10 through to masters and AWD athletes. Postal nominations close Tuesday 22nd July 2014 or you may enter online at www.qldathletics.org.au

Venue: University of the Sunshine Coast Tartan Track, Sippy Downs Drive, Chancellor Park

First event will be held at 8.00am. For more information contact: Bryce Phillips – 5476 8233

Rail Trial Fun Run



Here is an opportunity to run in the 12th Rail Trail Fun Run.

Where: Fernvale to Lowood State High School.

When: Sunday 13th July 2014.

Distances: 8.3Km & 3km

Start Time: 9am for both races

Prize money for the 8.3km event, also random prizes.

To register, go to www.railtrailfunrun.com.au

Early Bird Registration

Register by 5pm Monday, 7 July to go into the draw to win a tandem skydive at Ramblers Parachute Centre.

There is truly no other event that can match the uniqueness of the Rail Trail Fun Run with its family friendly appeal, country vistas, pollution free air, alternating race direction, and historical rail history.

First 1000 entries will receive a FREE Somerset Rail Trail Fun Run cap.
Hope to see you all there.





Registrations NOW OPEN!!!!!!!!!!!!!!

10th Anniversary

- Half Marathon
- 10KM
- 5KM Run
- 5KM Walk
- Family Challenge

Which event will you do?
27 July 2014



Where: Limestone Park – Queens Park

When: 27th July 2014

Plenty of prizes to be won.

To register go to www.park2park.com.au

Our **Club** will be running a stall to sell bacon & egg burgers along with a sausage sizzle. We need a few parents to help out to feed the masses. Athletes can also assist to make it a great day.

Get along and support a great cause.

33rd Winter Carnival

The program may be downloaded for our 33rd Winter Carnival from our website <http://www.ipswichathletics.org.au> .

The professional Gifts registration forms will be available in early July 2014 and these forms will also be on our website. The registration forms can then be gotten at the Club on training nights.

The 25th running of the **120m Lightning Gift** and others will be exciting for participants and spectators alike.

Don't miss out, be a part of it!

Prize money for the Gifts is attractive.

Random prizes are on offer for participating at this carnival e.g. a **3 month subscription** at the Lifestyle Health and Fitness Centre at Raceview, Ipswich.



We need parents and friends to help on the day. You may contact Alex Canavan by phone on **0409 734 864** or email u1016862@umail.usq.edu.au of your availability.

We are appreciative of contributions from businesses and people already given, but if there is anyone out there wishing to support our Club for this 33rd Winter Carnival, please do so as every bit helps to make this a successful day. Contact treasurer Greg Parnell on **0408 858 551** or PO Box 220, Booval, 4304.

All monies raised go to purchasing new equipment and giving our athletes an opportunity to compete at national and international meets.



In October 2015 we are bound for Adelaide, South Australia for the 15th edition of the Australian Masters Games, and it promises to be the best yet!

Lock in the event dates now in your calendar: **Saturday 3rd - Saturday 10th October, 2015.**

Preparations for the Games are well underway. Watch this space.

Congratulations

Larissa Chambers receiving the Peter Edwards Grant from his sister Pam.

The Peter Edwards Fund was established by the late Peter Edwards to provide assistance to junior athletes (U20yrs) with the costs of travel and accommodation related to representing Australia at a major international championship.





Tori Langton Coach "Marty"
Theresa Stolberg

Congratulations go to Ipswich Little "A"s Club where **Tori Langton** a dual member being awarded the Queensland Little Athletics CAPS participant of the year, also **Theresa Stolberg** was the CAPS Co-ordinator of the year.

Barry Wenzel received a Merit Award and **Paul Langton** was awarded the distinguished Merit Award, absolutely dedicated volunteers.

Ipswich Little "A"s being a joint winner of the Andrea Harvey Centre Administration Award was accepted by **Ann Bell**, secretary.



Ann Bell



Paul Langton



Barry Wenzel

Former Club Champion **Alistair Stevenson** is still running fast. Alistair has won the Brisbane Times City2South fun run in Brisbane over 14km on Sunday June 15th 2014.

Pictured with Alistair is Clare Geraghty also from Ipswich who won the women's section.



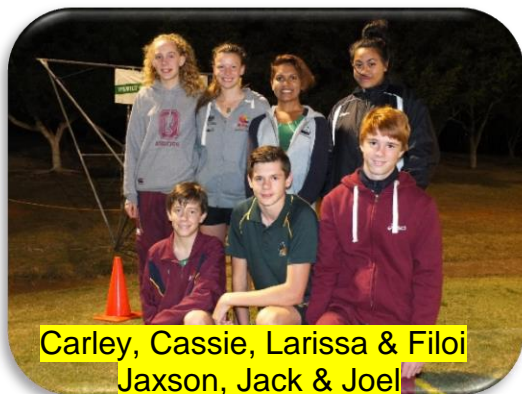
Clare Geraghty & Alistair Stevenson

Pre-departure Meet at Bill Paterson Oval

A great night had by all who attended, it was marvelous to see our WJC athletes competing.

Added highlights of the meet were from **Rochelle Vidler** and **Jack Treschman** doing **PB's** at this time of the year was fabulous. Jack leapt 1.70m in the High Jump and Rochelle let rip a wonderful throw of 38.02m in the Discus.

A big thanks goes to all who helped make this event happen and having QA people Des Johnston and Trish Kinnane supporting made it official.



Carley, Cassie, Larissa & Filoi
Jaxson, Jack & Joel



Tori and Rochelle