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Newsletter

29th March 2025

President's Message:

The Australian Track and Field Athletics Championships are now on **4th – 13th April 2025**.

The AGM and Awards presentation is to be held on Sunday 25th May 2025 at Brothers Leagues Club at 11.00am.

Fabulous to see Club members Jude Thomas and Charlize Goody competing at International levels, inspirational stuff.

The 42nd Winter Carnival is scheduled to run 17th August 2025, planning is underway.

Hopefully have some photos of Australian Championships next month.

Stay safe everyone and be healthy. Happy Easter everyone.

Vic

Committee Notes

Our next Monthly committee meeting is on **Tuesday 22nd April 2025** at 7.30pm.

Just a Thought'

I've learned that When someone lets you down, don't give up on them.

QLD 3000m Championships 1st March 2025, UQAC Brisbane

Seeing so many PB's from this Championship indicates a lot of hard work has been done over the past few months, congratulations everyone, well deserved.

Conor Mathewson	U15	3000m	2nd	9.29.40	PB
Elijah Arulogun	U15	3000m	10 th	10.07.67	
Jayden Ryu	U15	3000m	13 th	10.21.20	PB
Leo Riby	U16	3000m	9 th	9.39.15	PB
Sasha Josipovic	U16	3000m	5 th	10.43.53	PB
Tahnee Sparke	U16	3000m	9 th	11.04.29	PB
Sophie Lehmann	U16	3000m	12 th	12.15.05	PB
Luca Gigliotti	U17	3000m	3rd	9.01.91	PB

Dakota Stewart	U18	3000m	5 th	8.44.70	PB
Joshua Lehman	U18	3000m	12 th	9.03.63	PB
Cullen Grainger	U18	3000m	14 th	9.35.11	PB
Taylor Hudspith	Open Women	3000m	11 th	10.35.30	PB
Jack Schodde	U20 Div 4	3000m	17 th	13.14.56	PB
Connor Whittet	Open Div 2	3000m	3rd	8.37.75	PB
Ethan Heyward	U20 Div 1	3000m	14 th	8.56.64	PB



Conor Mathewson



Luca Gigliotti



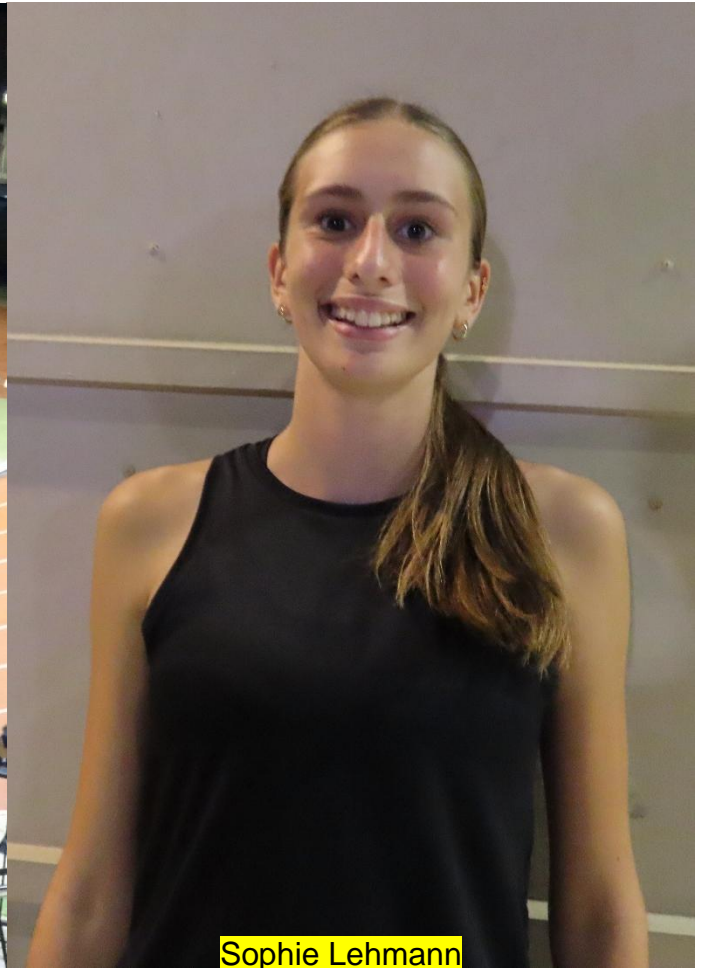
Cullen Grainger

Dakota Stewart

Joshua Lehmann



Connor Whitte



Sophie Lehmann

Congratulations March 2025

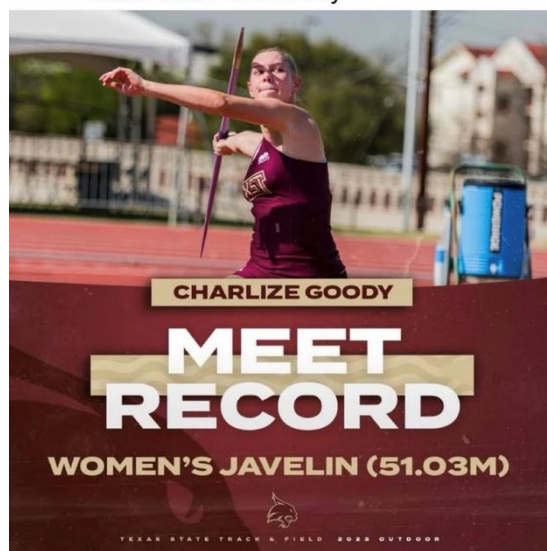
Jude Thomas competed at the Sydney Track Classic in the 3000m Australian Title making it number three with a clinical performance to continue his breakthrough year coasting to 7.49.17 victory, a superb performance

Charlize Goody has had a marvelous start to her sporting accomplishments when she competed for her College in Texas, USA at the Charles Austin Classic she was first in the Javelin 51.03m a new **PB** and then followed up with another win throwing a Discus 49.95m the very next day.



txstatetrack
Texas State University

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QLD Track & Field Championships 13^h March - 16th March 2025

Many of the athletes have qualified for the Australian 2025 Track & Field Championships to be staged in Perth, a team should be announced within a few days.

To gain a place into the final ten is a marvelous achievement for our athletes. They are a wonderful group of youngsters. Some photos follow the results.

Olive Barrett	U13	800m	2.40.00	10 th	
		1500m	5.15.58	6 th	
Islay McLeod	U13	High Jump	1.35m	6 th	
		Long Jump	4.40m	6 th	PB
Layla McGeehan	U13	High Jump	1.45m	2 nd	PB
		Long Jump	4.21m	7 th	
		200m	30.42	8 th	
Matilda Schodde	U13	Discus	29.77m	3 rd	PB
		Shot Put	6.65m	4 th	
Nina Josipovic	U13	Discus	23.86m	6 th	
Sienna Sanders	U13	800m	2.41.04	11 th	PB
Liliana Titley	U13	800m	2.25.27	1 st	PB
		1500m	4.52.49	2 nd	PB
Mila Josipovic	U14	Discus	29.94m	3 rd	
		Javelin	31.17m	3 rd	PB
		Shot Put	10.74m	2 nd	
Sophie Allen	U14	Long Jump	4.89m	3 rd	PB
		100m	13.31	8 th	
		80m Hurdles	13.35	3 rd	PB
		Triple Jump	9.76m	8 th	
Sophie Whitfield	U14	100m	12.28	2 nd	PB
		80m Hurdles	13.87	5 th	
		200m	25.38	3 rd	
		Long Jump	4.54m	11 th	PB
Emily Bolden	U15	Hammer	35.10m	2 nd	
		Discus	27.24m	5 th	PB
		Shot Put	9.35m	3 rd	PB
Diva Ejembi	U15	High Jump	1.65m	1 st	
Sophie McGeehan	U15	High Jump	1.60m	3 rd	PB
		Long Jump	5.19m	1 st	PB
		Triple Jump	10.75m	3 rd	

Ka'Mya Duncan	U15	Discus	33.40m	2 nd	
Izabella Snymann	U15	90m Hurdles	14.96	7 th	
Ruby Bohen	U16	Discus	33.77m	4 th	
		Shot Put	12.22m	3 rd	
		Javelin	48.38m	1 st	PB
Addison Hayne	U16	Long Jump	5.36m	2 nd	
		High Jump	1.55m	7 th	
Lilah Hooper	U15	Long Jump	4.29m	10 th	
Madison Smith	U16	400m	1.05.89	13 th	
		High Jump	1.45m	10 th	=PB
Tahnee Sparke	U16	400m	1.03.89	10 th	
		800m	2.20.05	6 th	PB
		1500m	5.09.04	12 th	
Sophie Lehmann	U16	1500m	5.32.74	14 th	PB
Isla Mawer	U16yrs	Long Jump	4.16m	14 th	
		Triple Jump	9.52m	7 th	
Christina Tukuafu	U16	Discus	38.24m	1 st	
		Shot Put	ND		
Hayley Windolf	U16	Discus	35.47m	3 rd	
		Shot Put	12.52m	2 nd	
Sasha Josipovic	U16	2000m Steeplechase	7.38.73	4 th	
Tulsi Bhatt	U17	Long Jump	4.50m	7 th	
Isabelle Schodde T/F60	U17	Discus	10.18m	2 nd	
		Shot Put	4.02m	2 nd	PB
Mia Kertesz T/F40	U17	100m	30.53	1 st	
		200m	1.08.86	1 st	
		400m	2.28.42	1 st	
		Shot Put	3.09m	3 rd	
		Javelin	7.51m	2 nd	PB
Addison Farinazzo	U17	100m Hurdles	14.57	3 rd	
		400m	57.14	2 nd	PB
		400m Hurdles	1.01.49	1 st	PB
Saskia Josipovic	U18	Shot Put	12.56m	3 rd	
		Discus	43.53m	1 st	
	U20	Discus	43.00m	1 st	

Indiana Platen	U18	100m Hurdles	15.89	6 th	
		400m	1.06.42	12 th	
		Long Jump	4.94m	8 th	
		High Jump	1.50m	7 th	
		Shot Put	10.52m	8 th	
Charlotte Parsons	U18	400m Hurdles	1.14.35`	5 th	
Tiana Parsons	U18	400m Hurdles	1.07.82	3 rd	
Olivia Windolf	U18	Discus	35.51m	4 th	
		Javelin	38.60m	5 th	
Allira Takau	U20	Discus	40.55m	2 nd	
		Shot Put	13.74m	1 st	
Alice Ferrando	U20	Triple Jump	11.25m	5 th	PB
Monique Williams	U20	100m	12.43	6 th	PB
		Long Jump	5.76m	3 rd	PB
		Shot Put	11.90m	2 nd	
		High Jump	1.55m	4 th	
		Javelin	32.00m	3 rd	
		100m Hurdles	14.96	2 nd	
Kamara Stewart	U20	100m	13.01	12 th	
Dejisha Elisaia	U20	Discus	30.47m	4 th	
Latisha Wilson	U20	1500m	5.18.49	7 th	
		3000m Steeplechase	14.19.54	7 th	
Claire Gouws	Open	Triple Jump	12.09m	3 rd	
		Long Jump			
Erin Wright	Open	100m Hurdles	14.52	10 th	PB
Helena Coleman	Open	Pole Vault	2.80m	8 th	PB
Janet Webber 51yrs	Open	Javelin	30.76m	8 th	PB
		High Jump	1.40m	9 th	
Taylor Hudspith	Open	800m	2.21.80	10 th	Heat
		1500m	4.43.39	6 th	PB
Ryder Wilson	U13	100m	14.16	7 th	
		90m Hurdles	16.34	2 nd	
		High Jump	1.50m	2 nd	=PB
		Long Jump	4.33m	4 th	
Heath Rotbauer	U13	Discus	35.94m	3 rd	PB
		Shot Put	8.18m	5 th	
Connor Winduss	U14	Discus	24.05m	4 th	PB

Jonte Tukuafu	U14	Shot Put	14.95m	1 st	PB
		Discus	45.63m	2 nd	PB
Hudson Severinsen	U14	Shot Put	14.66m	2 nd	PB
		Discus	45.89m	1 st	
		Javelin	32.45m	1 st	PB
		Hammer	49.02m	1 st	
Samuel Murray	U14	High Jump	1.50m	3 rd	=PB
Zachary Johnson	U14	Javelin	21.54m	5 th	
		Triple Jump	8.60m	4 th	
Gilbert Barrett	U15	1500m	4.39.13	10 th	PB
		2000m steeplechase	6.46.97	3 rd	PB
Conor Mathewson	U15	1500m	4.42.66	15 th	
Madden Kamo	U14	800m	2.28.55	11 th	
		1500m	4.58.58	12 th	
Daniel Masunungure	U15	100m	12.26	4 th	
		200m	24.99	7 th	Heat
Daniel Phillips T/F20	U15	100m	12.80	1 st	
		200m	25.95	1 st	PB
		400m	59.90	1 st	
		800m	2.22.67	1 st	
		Long Jump	5.01m	1 st	=PB
Elijah Arulogun	U15	1500m	4.41.11	14 th	
Jayden Ryu	U15	800m	2.10.69	6 th	
Harsith Rameshkumar	U15	100m Hurdles	15.55	2 nd	PB
		200m Hurdles	30.58	5 th	PB
		Long Jump	4.97m	6 th	
		Triple Jump	11.09m	4 th	
Jedidiah Onaga	U16	100m	11.86	11 th	
		100m Hurdles	14.10	2 nd	
		200m Hurdles	27.84	4 th	Heat PB
Leo Riby	U16	1500m	4.27.28	10 th	PB
Emry Pitman	U17	High Jump	1.93m	4 th	PB
Ethan Lavery	U17	800m	2.07.73	9 th	PB
Luca Gigliotti	U17	1500m	4.11.42	5 th	PB
Sam Wilson	U17	800m	2.02.17	5 th	
Viliami Tuli	U17	Discus	41.31m	2 nd	
		Shot Put	15.66m	1 st	PB

Jackson Bray	U18	Discus	48.08m	4 th	
Cullen Grainger	U18	800m	2.01.43	8 th	
		1500m	4.17.89	11 th	
		2000m Steeplechase	6.29.94	5 th	PB
Joshua Lehmann	U18	1500m	4.18.97	12 th	PB
Dakota Stewart	U18	800m	1.54.56	3 rd	
		1500m	4.01.44	2 nd	
		2000m Steeplechase	6.01.82	1 st	PB
Joel Jakimowicz	U18	110m Hurdles	15.25	5 th	PB
		Triple Jump	12.12m	2 nd	PB
Hayden White T/F37	U20	200m	26.31	2 nd	
		400m	59.25	2 nd	PB
		800m	2.18.84	1 st	
Ethan Heyward	U20	1500m	4.14.27	12 th	
Hunter Roadley T/F37	U20	Long Jump	4.69m	2 nd	PB
Jack Schodde	U20	1500m	5.53.16	33 rd	
Zac Brischke	U20	Long Jump	5.68m	6 th	
Ethan Platen	U20	400m	53.84	7 th	
Jack Russell	U20	100m	11.23	6 th	
Kobe Blake	U/20	110m Hurdles	15.56	5 th	
		400m Hurdles	58.27	2 nd	
Cooper Blake	U/20yrs	High Jump	1.90m	2 nd	PB
		400m Hurdles	56.97	1 st	PB
Ky Dalby	Open	Discus	37.04m	11 th	
Tyson Elisaia	Open	Discus	32.88m	17 th	
		Hammer	38.59m	7 th	PB
		Shot Put	12.60m	13 th	
Connor Whittet	Open	1500m	3.57.65	8 th	PB

2023 20 Gold 22 Silver 25 Bronze

2024 29 Gold 25 Silver 11 Bronze

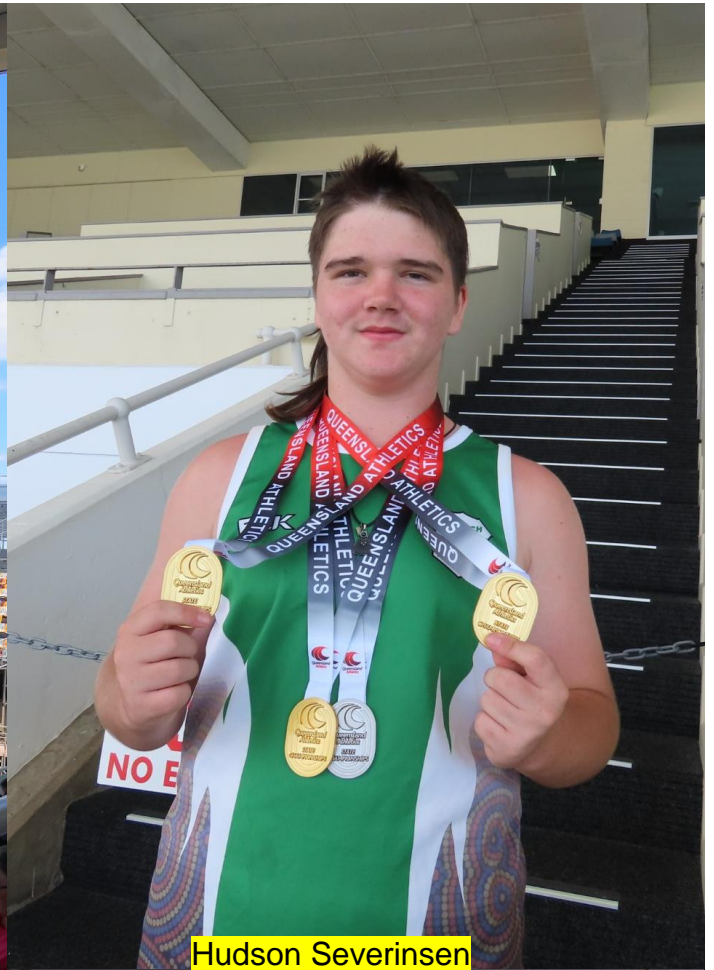
2025 25 Gold 30 Silver 22 Bronze

Excellent results this year with heaps of PB's and wonderful support by families, friends and Coaches.

A few pictures follow with the help of Jo Harlow's Photography.



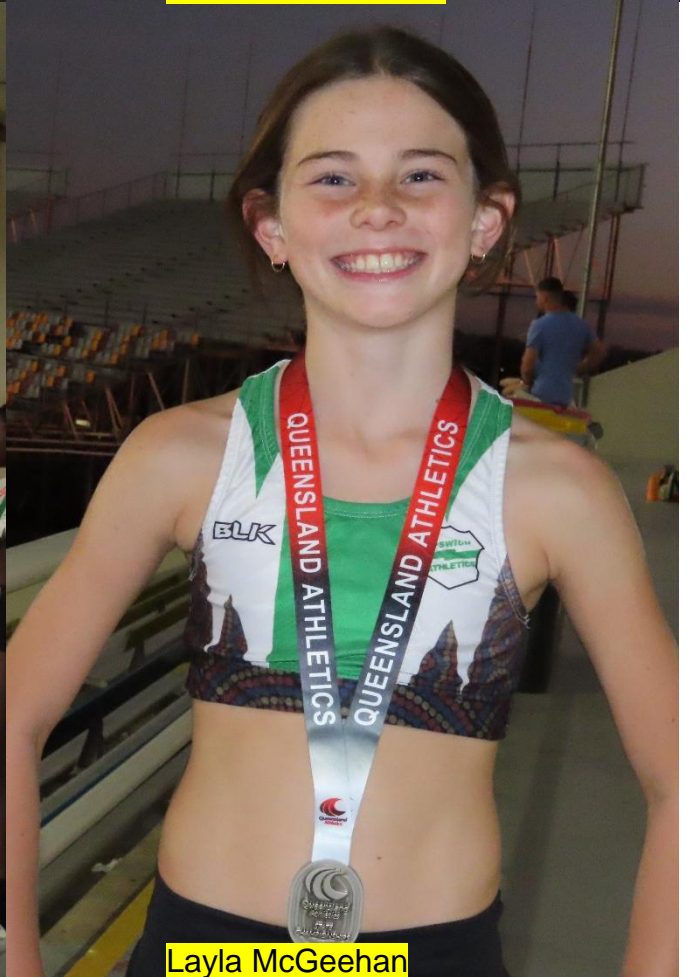
Monique Williams



Hudson Severinsen



Sophie McGeehan



Layla McGeehan

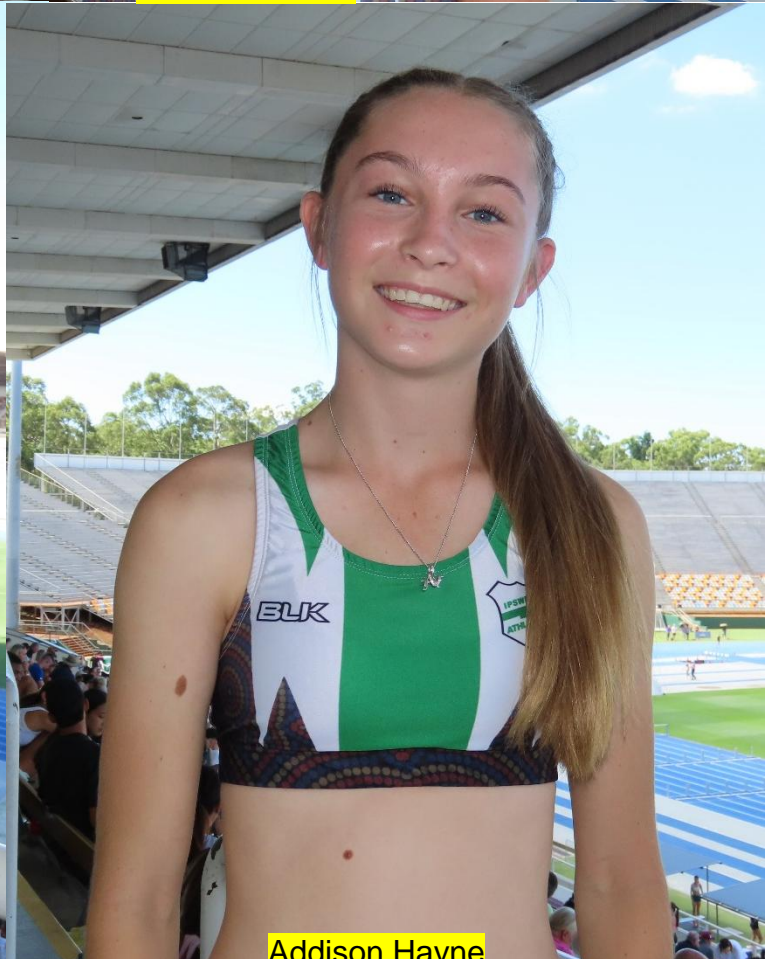


Cullen Grainger

Dakota Stewart



Ryder Wilson



Addison Hayne



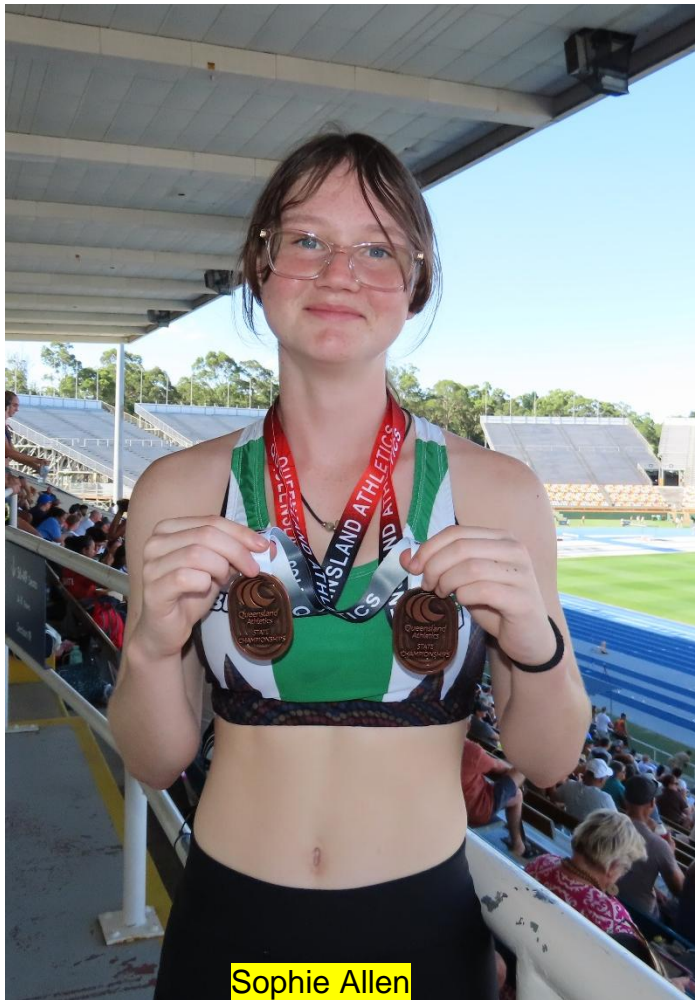
Harsith Rameshkumar

Jedidiah Onaga



Matilda Schodde

Liliana Titley



Sophie Allen



Hunter Roadley



Kobe Blake

Cooper Blake

13/03/2025



Emily Bolden

Hayley Windolf

Ruby Bohen

Christina Tukuafu



Coach Ted Ruben

Tulsi Bhatt

Indiana Platen



Sophie Whitfield



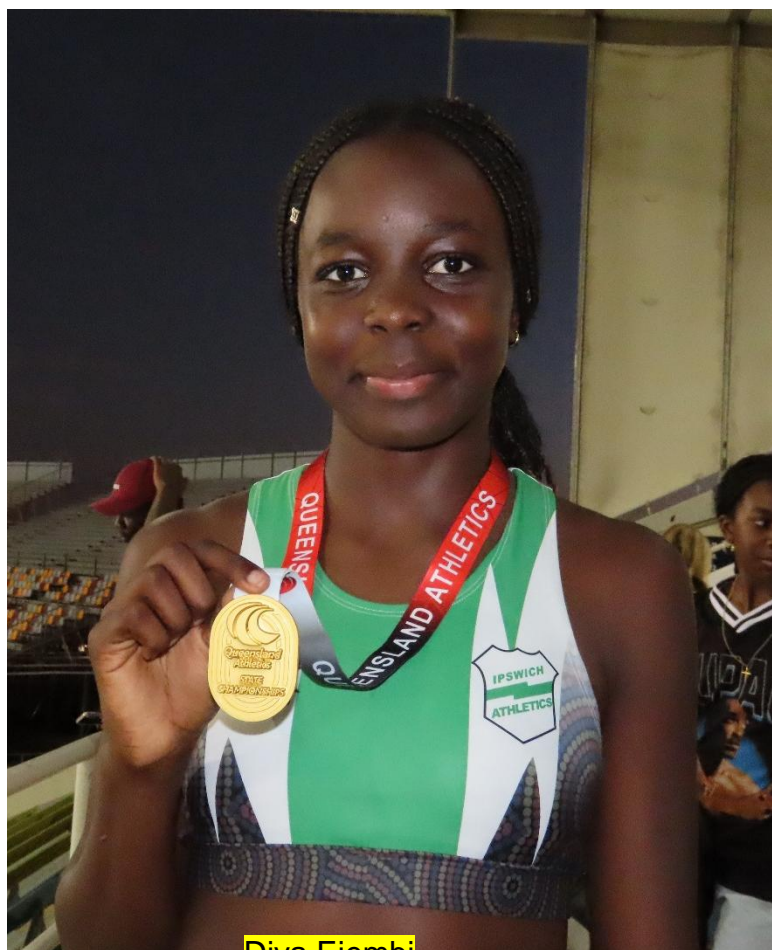
Sienna Sanders



Allira Takau

Saskia Josipovic

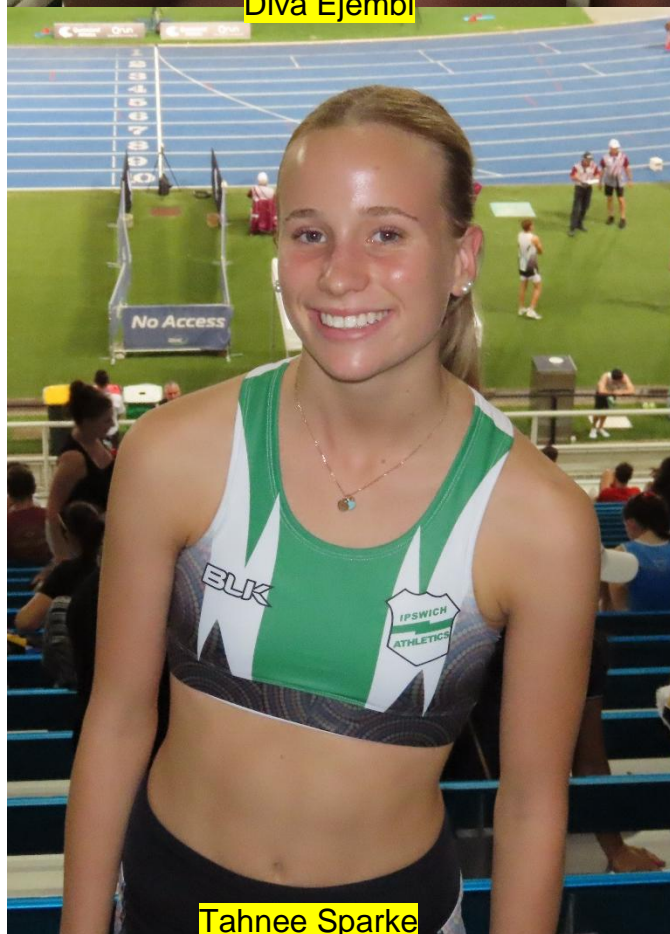
Dejisha Elisaia



Diva Ejembi



Erin Wright



Tahnee Sparke



Janet Webber

It was a fabulous performance by all Club members along with their parents and supportive friends along with the amazing action photographers Jo Harlow, now on Face Book. The coaches did a fantastic job in getting athletes to do amazing numbers of PB's, an excellent effort.

Club Members Happy March Birthdays

Olivia Windolf Olivia Agiannitis Charles Andrew
Arabella Carter Georgia Christensen Rhys Foley
Zachary Johnson Hunter Roadley T/F37 Dakota Stewart
Jude Thomas Michael Thomas Jenali Bolden
Mia Kertesz T/F40 Mila Josipovic Layla McGeehan
Jonte Tukuafu Connor Whittet Ryder Wilson

Track & Field InterClub Competition

All Track and Field events are now scheduled on the **Queensland Athletics website**.

www.qldathletics.org.au

QAL now has several events scheduled on their website www.qal.org.au

Answer to the Question

The winner of the **February** question was **Harsith Rameshkumar**

The correct answer was: **"A Heart"**

A new question is as follows:

Changing one letter in each of the following words will make new words that are all related to each other. What are the new words?

Angle Knew Grist

The **first** club member to reply by **email** with the correct answer wins a prize.

Email: - vgpascoe1@bigpond.com.au

Club Training Nights

Training sessions on a Monday and Wednesday night at the Bill Paterson are on from 6.15pm to 8.30pm.

Any other extra fitness sessions can be arranged with your Coach.

A water bottle, towel and **appropriate warm clothing** are required for all sessions.

CLUB BREAKUP

Please note that the Club is scheduled for its annual **Trophy Breakup** on Sunday 25th May 2025 at Brothers league Club, Raceview. Many trophies are given out on this day, **so please wait for further announcements.**

Club Champion award

Achiever of the Year award

Les Scott Encouragement Award

Bremer Chiropractic U/20yrs award male & female

Rookie of the year award male and female

Most Club Participation award

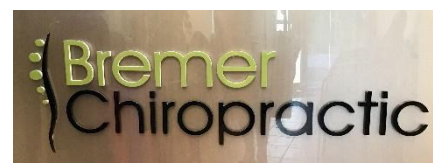
Highest points for X-Country, Track and Field, male and female and many more.

A guest speaker will be commencing the breakup, be ready with your questions! Watch this space.

At the breakup our Club's **Annual General Meeting** will be held. **All positions** are declared vacant and this is your opportunity to become part of the Committee. Nomination forms for positions are **available now** in the Clubhouse on training nights. **Ph. 0409 754 884.**



Les Scott & Associates
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Australian Credit Licence 385281



Club Support

Many thanks to one of our sponsors, the **Ipswich Parents and Old Boys** for supporting our junior athletes to the tune of \$2,250 who attend the 2025 Australian Athletic Championships being staged in Perth from the 4th-13th April 2025.

This association has been in operation for 50+ years and supports many sporting clubs in the Ipswich district.



Cheyenne & Gabriel Stewart, Monique Williams, Dakota Stewart, John Williamson, Vic Pascoe.

X-Country Competition

Our club will be hosting a **Brisbane X-Country series 5 meet** in Limestone Park on the 31st May 2025 with the first event scheduled for 2.00pm and the last to start at 3.40pm.

We need volunteers to support this event and numbers suggested as course marshals is approximately 8-10 people. We are also running a canteen where another four / five to assist. A roster will be written up, even for an hour or so is appreciated. An 11am start in the canteen would suffice.

IGS will be having a Inter-house Carnival on the 18th June 2025 starting early, Canteen help required by 6.00am.

Also the **GPS X-Country** meet is being held on Thursday 22nd May 2025 and we need as many volunteers to run the canteen to feed the hungry athletes and supporters. A 6am start in the canteen as we have to prepare breakfast for the GPS staff.

Please contact our Club Secretary Tina at tlshutz75@gmail.com to let us know when and where you can assist.

Club Uniform

The Club uniform **must** be worn at all interclub meets, e.g. All comers at St. Lucia, QSAC and Gold Coast etc. **If the uniform is not worn, no points or performances will be recorded at inter club meets.**

A little bit of nostalgia and history



The nostalgia is; who is this young Club athlete who represented Australia in two sports? A prize to the first correct answer by a Club member.

Now for the **history book**; we have currently two Australian Record holders within the Club.

Mark Sills holds the Record for the U16 High Jump at 2.14m set in Perth 1992. Mark is now a committee member and Coach.

Allira Takau holds the Record for the U18 Shot Put at 17.27m (3kg) set in Adelaide 2024. Allira is also the Oceania Champion for the U18 Shot Put at 16.99m set in Suva, Fiji 2024.

Late News - Congratulations

Congratulations to **Hudson Severinsen** breaking the QLD Record for Hammer (3kg) in the U14 age group with a massive throw of 53.43m on Wednesday night 26/03/2025 at the Mid-Week #4 competition at SAF well deserved for all the hard work you have put in over these last few months.



Ipswich West Moreton *Today*



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