



P O Box 220, Booval Qld 4304
Website: <http://www.ipswichathletics.org.au>

Ph: 0409 754 884

Newsletter

30th October 2024

"President's Message":

I really enjoyed watching the 10-19yrs Secondary Schools State Track & Field Championships staged in Brisbane 8th - 14th October 2024. The performance of our athletes was outstanding and the support of the parents was exceptional. Congratulations to all who competed.

This was just a precursor to the QLD All Schools Championships on 31st October – 3rd November 2024 where you can gain selection to be in the Queensland All Schools team to compete in Brisbane during December from 6-8th at the Australian All Schools Championships.

It is worth becoming familiar with the Queensland Athletics website which has the full calendar of events from now until March 2025.

Vic



Committee Notes

Our next Monthly committee meeting is on **Tuesday 26th November 2024** at 7pm. All welcome.

We need parents to put forward ideas for our Christmas breakup party in December, see below for more information.

Just a Thought'

I've learned that..... Next time you go on an outing take a friend along too.



Les Scott & Associates
A.B.N 34 404 377 930
Australian Credit Licence 385281



CLUB REGISTRATION

Members may now renew their registration for the **2024 - 2025**.

The season runs from 1st October 2024 to 30th September 2025.

To join/renew your registration, you will have to go online at the **Queensland Athletics website**. If you need any assistance with your membership renewal, please contact Queensland Athletics on 07 2111 5135 or email info@qldathletics.org.au

www.qldathletics.org.au

QAL now has several events scheduled on their website www.qal.org.au



Greg Walsh, Vic Pascoe, Mat Simonov



Tina Schutz & Vic Pascoe

A massive thank you to Brothers Leagues Club for your dedication and commitment to making a positive impact within our community. It is truly inspiring. Everyone who joined us had an incredible evening.

Our Club is grateful to have received \$5000.00 for some much needed equipment, i.e. canteen wares, TV for coach evaluation and more.

Committee members Tina Schutz and myself attended this marvellous night.

Athletics North Queensland Championships - announcements

A big congratulations to **Sophie Allen** for winning the Donald McDowell Junior Trophy as the most outstanding junior girl athlete at the 2024 North Queensland Championships!



Athletics North Queensland

2d · 🌐



Donald McDowell Junior Trophy Winners! 🏆

We are excited to announce the winners of the Donald McDowell Trophy for the most outstanding junior athletes at the 2024 North Queensland Championships! 🎉



Junior Boy Winner: Finn Wyatt, Keppel Coast Athletics



Junior Girl Winner: Sophie Allen, Ipswich & District Athletics Club

Congratulations to these outstanding athletes for their incredible performances and dedication. Keep up the great work ✨



Sophie Allen

12yrs

100m

1st

13.21

200m

1st

27.50

200m Hurdles

1st

32.49 **ANQ Record**

PB

80m Hurdles

2nd

14.22

PB

Long Jump

2nd

4.72m

Triple Jump

1st

9.962m

PB



Athletics North Queensland

29m · 🌐



🏆 **John Gaviglio Trophy for Outstanding Achievement in Throws!** 🏆

Congratulations to Charlize Goody from Ipswich & District Athletics Club, the recipient of the John Gaviglio Trophy for the most outstanding achievement in throws at the 2024 North Queensland Championships! 🎉

Charlize's incredible strength, skill, and dedication in the throws events have earned her this prestigious honor. We're excited to see her continue to excel! 💪🏆

@charlizegoody



Charlize Goody

U20yrs	Javelin	1st	46.76m	ANQ Record
	Discus	1st	46.85m	ANQ Record
	Shot Put	1st	12.83M	ANQ Record
Open	Javelin	1st	44.80m	
	Discus	1st	49.09m	

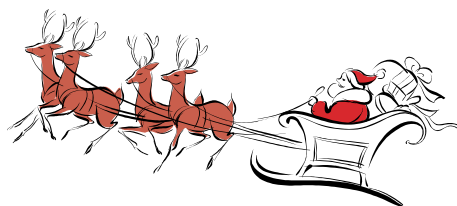
A wonderful achievement, congratulations Charlize Goody.

Club Training Nights

Training nights on Monday and Wednesday nights 6.15pm to 8.30pm.

A water bottle, towel and **appropriate warm clothing** are required for all sessions.

The Club Christmas Party



The Club is making arrangements for our Xmas breakup party to be held at Brothers Leagues Club, Raceview on **Wednesday 18/12/2024 for 5.30pm starting at 6.00pm**, please **RSVP** by Wednesday 11/12/2024.

There will be heaps of games along with trivia and plenty of prizes to be won.

Club Uniform

The Club uniform **must** be worn at all interclub meets, e.g. All comers at St. Lucia and Gold Coast etc. **If the uniform is not worn, no points or performances will be recorded at inter club meets.**

IDAC Uniform Price List

Ladies Crop Top	\$45.00	Ladies shorts/bike pants	\$57.00
Singlet	\$35.00	Men Shorts	\$52.00
Polo Short Sleeves	\$57.00	Polo Long Sleeves	\$62.00
Hoodie no zip	\$50.00	Hoodie with zip	\$77.00
Leggings	\$67.00	Tracksuit Pants	\$77.00
Coach Jacket	\$82.00		

Old Stock is on sale at \$5-00 apiece. These can be used for training etc.

Happy October Birthdays

*Sarai Ferstera Jessica Gorham Heath Rotbauer Taya Beckers Sophie McGeehan
Kamara Stewart Cherish Ejembi Tyne Goody Emmeline Sio Willa Sio
Poppy Lear Abbie Severinsen Nicole Jones Latisha Wilson Kerryn White*

Track & Field InterClub Competition

All Track and Field events are now scheduled on the **Queensland Athletics website**

www.qldathletics.org.au

QAL have events scheduled on their website at qal.org.au

Answer to the Question

The winner of the **September** question was **Daniel Phillips**

The correct answer was: **“Two Bananas”**.

A new question is as follows:

Someone else has to take it before you can get it.

What is it?

The **first** club member to reply by email with the correct answer wins a prize.

Think carefully, this is a tough one!

Email: - vgpascoe1@bigpond.com.au

The Queensland Relay Championships will be held at the State Athletics Facility, Kessels Road, Nathan, on Sat 16th and 17th November 2024.

Teams will be selected at no cost to the athlete. Please get your name down.

Entries close 4th November 2024

Ted Ruben is the Chief Manager, **Marty Stolberg** looking after the master's ladies, whilst **Mark Sills** will be assisting where necessary for these teams.

1500m Classic	13/11/2024, UQ Sports Centre
QLD Relay Championships	16-17 th November 2024, SAF
Benita Willis Shield	23/11/2024, SAF
QLD 5000m Championships	23 rd November 2024, SAF
Garry Brown Shield	30 th November 2024 SAF
Australian All School Championships	6-8 th December 2024, QSAC main stadium.

Entries are now open

Brothers Kindred Club

The committee wants to make all club members and parents be aware that our Club is part of the Brothers Kindred Club. This association encourages juniors in their chosen sports to be acknowledged for their commitment and dedication to their respective sports for a Junior Sports Star award.

The association also likes to encourage juniors for doing their best, helping around the Club and assisting others who may need that little bit of assistance in techniques etc., please advise Vic Pascoe (Club delegate and publicity officer), of any junior you may think needs to be entered for an Junior Sport Star Encouragement award. **Please phone Vic on 0409 754 884.**





University of
**Southern
Queensland**



IPSWICH | SPRINGFIELD

expTM **Australia**



apar
Hair Studio

